

Be a superhero like Amelia:

NATIONAL  
BLOOD  
DONOR  
MONTH



**DONATE BLOOD**

# Arnolds Mills Community House

Wednesday, January 25, 2023

12:00 PM - 4:00 PM

Meeting Room

75 Hillside Road, Cumberland

**DONATIONS BY APPOINTMENT!**

(walk-ins will be welcomed if availability permits at time of arrival)

[www.ribc.org/drives](http://www.ribc.org/drives) to book

**Sponsor Code 3987**

All presenting donors will be entered into a weekly drawing to win a gift card for an Apple or Google Watch!

January 5 - January 31 - Learn more at [ribc.org/watch](http://ribc.org/watch)



Eat, hydrate, bring identification with you.